Jindera PS P&C Fete Tomorrow 4.30 -8pm

Term 4 is always busy but we have been super busy with the lead up to the very exciting P&C fete. It is good to see the excitement building and the stalls and organisation coming together. A huge thank you to the parents/carers, students and staff who have worked tirelessly to bring it all together and prepare craft and food for the great event. A special thank you to Linda Cheatham and her small band of helpers, as well as Mrs East, Miss Blair and Miss Reeves for coordinating the staff and student activities. It will be a great success and a fun night.

The school is currently in the three year planning cycle and much consultation and discussions have been occurring in relation to our programs and future strategic directions/vision for the school. When I reflect on the direction the school has taken over the past six years I am excited about what we have achieved and where we will go in the future, continuing to build a strong and happy school where everyone maximises their potential. Further reflection, planning and discussions will continue throughout this year, culminating in a rich working document that will be the blueprint for where we want our school to be in the next three to five years. Parents/carers, students and staff will all be involved in the process.

Silver awards were presented to Jorja Pearce, Harry Stewart and Colleen Atkins this week. Congratulations and well done, very deserving awardees.

The following students received star awards: Riley Travers, Mattea Delaney (K), Lily Dougherty (Year 1), Chilli Bergic (Year 2), Grace Fitzpatrick and Emma Reid (Year 3), Paige Slockee (Year 5) and Amy Reynolds (Year 6). These students were able to choose a prize from the newly stocked prize bag.

K-2 excursion to Beechworth – Thursday 20 November

Planning is currently underway for our K-2 Beechworth excursion on Thursday 20th November. Teachers and students will be travelling by bus to Beechworth where they will participate in one of the following activities. Students in Kinder will be visiting the bakery where they will see the process of baking bread and create their own loaf. Students in Year 1 will visit the sweet shop and watch some sweets being made. The Year 2 students will experience the process of harvesting and packaging honey at the Beechworth honey shop.

More information including a detailed itinerary, permission and medical notes plus final cost will be sent home next week.

Kindergarten 2015

Kindergarten 2015 Kinder orientation will run on the 4 consecutive Fridays 24 and 31 October, 7 and 14 November 2014. We had our first Kindergarten orientation last Friday with a very settled and happy group of pre-schoolers joining us. We look forward to the next three Fridays and developing strong buddies between the current and 2015 Kindergarten children.

Kindergarten visit to Jindera

Preschool – Tuesday 4 November

Year 6 Farewell

KE and KC are visiting the Jindera Preschool this week. Congratulations and well done, very deserving awardees.

Another huge thank you to Aldi, Lavington for the ongoing supply of fresh fruit (and vegetable on some occasions) for Fresh Fruit Wednesdays. This regular donation of fresh fruit is very much appreciated.

Jindera PS P&C Fete Tomorrow 4.30 -8pm

Jindera Public School Canteen Roster

Friday 7 November
DS—Chris Butler
Asst 1 Belk Twford
Asst 2—Sam Blackie

Friday 14 November
DS—Sally Stewart
Asst 1—Monica Kolhagan
Asst 2—Ros McMillan

Friday 21 November
DS—Dale Cropper
Asst 1—Kristen Brill
Asst 2—Barb Murray

Friday 28 November
DS—Jody Martin
Asst 1—Jenn Quayle
Asst 2—Sam Blackie

Friday 5 December
DS—Chris Butler
Asst 1—Barb Murray

MoodSwingers

Bipolar Support Network

Commencing 2014

Last Friday of the month
1-2.30pm
Meeting Rooms
The “HUB”
562 Macauley St ALBURY

Friday 31st October
Guest speaker: Cate Clark

Mental Health Nurse

VMIA Cren

Enquiries: Colin 6058 6500
Karen 6051 0222

What's on in Greater Hume Shire……..

1 & 2 November—Pleasure Island Fishing Competition
Prizes valued at $1000, at Holbrook Fishing Competition. Pre-registration is required and weigh in and draw for prizes is at 1pm. Entry fee: Adults $20 & Juniors (U14) $5.

Where: Holbrook PS Ski Club, Lake Hume.

6 November—Buy, Swap & Sell Walla Walla

Held on the first Thursday of the month—fresh produce, books, crafts, cakes, jams & jewellery all available to buy, swap & sell.

Where: Walla Walla Hall from 5—7pm
Contact: 02 6036 2218

8 November—Holbrook Agriculture Show

Where: Holbrook Showgrounds Contact: 02 6036 2317

14 November—Henty Christmas Markets
Where: Henty Civic Centre Contact: 02 6929 3982

Ass 1—Barb Murray

Ass 1—Kristen Brill

Ass 2—Ros McMillan

Ass 1—Monica Kolhagan

Ass 2—Sam Blackie

Ass 1—Jenn Quayle

Ass 2—Sam Blackie

Ass 1—Barb Murray

Ass 1—Jenn Quayle

Ass 2—Sam Blackie

Dates to remember:

• Friday 31st October
P&C Association Fete
4.30pm – 8.00pm

• Friday 31st October
Kinder Orientation
9-4pm – 12.45

• Tuesday 4th November
KE & KC Preschool Visit
8–3pm – 12.45

• Friday 7th November
Kinder Orientation
9-4pm – 12.45

• Monday 10th November
Australian Ballet Visit
4.30pm – 8.00pm

• Tuesday 15th November
Deddy Australian Ballet Visit
4.30pm – 8.00pm

• Thursday 13th November
Nabugui Day
4.30pm – 8.00pm

• Friday 14th November
Kinder Orientation
9-4pm – 12.45

• Thursday 20th November
K-2 Beechworth Excursion
9-4pm – 12.45

• Thursday 27th November
NADDCC Cabalination
11.00am – 12.00pm

• Tuesday 9th December
Presentation Evening
6.30pm

• Thursday 11th December
Parent Helpers Morning Tea
7.30am

• Tuesday 16th December
Parent Orientation
10.00am

Jindera Public School contact details

Principal: Ms Lianne Singleton

Assistant Principals: Mr Bruce Hill and

Mr Des Knight

Administration Manager: Mrs Jenny Gisch

Dight Street, Jindera, NSW, 2642 phone: 02 6036 2317
fax: 02 6036 2318

website: www.jindera-p.schools.nsw.edu.au

Jindera PS P&C Fete  Tomorrow 4.30 -8pm
Year 6 farewell parent meeting –
Thursday 30 October
Parents/carers of students in Year 6 are invited to attend a second planning meeting for the Year 6 farewell. The Year 6 farewell will be held on Tuesday 16 December. So that everyone’s voice is heard in the planning process we strongly encourage all parents/carers to attend and assist with the celebration of your child’s years in primary school. The next meeting to organise the Year 6 farewell is this afternoon, Thursday 30 October from 3:30pm in the staff room. A note will be sent home next week with further details and costs for this exciting event in the lives of our Year 6 students.

Year 6 girls community project
The Year 6 girls have been working on a collaborative project throughout the year to raise money for the community. The girls have started selling ice cream cones from the canteen for $1.00 on Wednesdays and are well on track to raising funds for their 2 community projects, Kids for Cancer and Albury dog rescue. They will continue to sell ice-cream cones on Wednesdays for the rest of the term. Well done girls, a beautiful thought made into reality through cooperation and hard work.

 Helpers Morning Tea – Thursday 11 December
Invitations are being prepared for the helpers morning tea on Thursday 11 December. Our school is constantly enriched by the volunteers who give up their time to join us for activities and initiatives and we would like to say a big thank you. Invitations will be sent home in the coming weeks and we hope that you can join us from 11:30.

 Intensive swimming
The school will once again offer an intensive swimming program for children who are not yet confident in deep water. The program has proven very successful in the past with children from Year 2 to Year 6 offered positions. Local Auswim trained instructors will help run the program at Jindera Pool in the last few weeks of this term. A detailed information and expression of interest note will be sent home in the coming weeks.

Lianne Singleton
Principal
30 October 2014
Congratulations to the following students who received Merit Awards at our last assembly

KE - Tyler Wojtowyez, Jorja Pearce, Ben Reid, Ace Kohlhagen
K/1C - Layla Mitsch, Brayden Creek, Sienna Finemore, Bill McMillan, Mikayla Talbot, William Walch, Sienna Oehm
1/2R - Ashton Kilmartin, Bonnie Holmes, Riley Buchan
2K - Tarnee Wilson, Alisha Van Deventer, Chilli Bergic, Lucas East
3/4K - Samantha Kelly, Taylor Threlfall, Karsha Butler, Jessica Fruend, Tayissa O’Dwyer, Corey Groch
3/4S - Brock Finemore, Tyler Jones, Chloe Brown, Thomas Brookshy, Angus Beavis-Thackeray, Cienna Twyford
5/6B - Mykayla Fenn, Jayden Cropper, Bridget Mills
5/6H - Nick Knight, Hayley Martin, Ethan Talbot, Kealy Steeper, Ben Demeo

Poppies are available for 50 cents from the school office from Monday 3rd November with all proceeds going to Legacy Australia.

Jindera Public School Facebook Page

Jindera Public School now has a presence on Facebook. The page has been created to convey information to parents and community members and has already proven very popular with many parents. To access the page, search for Jindera Public School in Facebook and look for the school logo. Information such as current events, excursion information and student achievements will be regularly updated. The page will not replace our existing correspondence to parents via notes and newsletters but acts as an additional means for the school to keep parents up to date with happenings whilst tapping into the widely used social media.
Kinder Orientation

Last Friday was the first week of Kindergarten Orientation for 2014. The day was a huge success as children were exposed to some of the routines of schooling life and were quick to settle. In the morning the children were involved in literacy activities and drawing themselves in their school uniform. Some of these activities included: magnetic letters, puzzles, writing on the interactive whiteboard, handwriting and magazine cuttings.

All the children listened very well to instructions from the teachers and enjoyed listening to several stories. They were very impressed with the story ‘The Fantastic Flying books of Mr Morris Lessmore’.

Check out the video on YouTube to help your child remember the story. Could you please remember to pack a hat and several drinks for your child/ren this week as it is going to be very hot on Friday. Here are a few pictures of the learning your children have been involved in this week.

Tips for healthy family lifestyles

There has been an increase in the number of children who are overweight or obese.

Why? There are numerous reasons, but some include:

- Children are eating more high fat and sugar snacks and less fruit and veg.
- Busy families rely more on takeaway and snack foods.
- Children are being driven to and from school instead of walking.
- Children are spending more time being sedentary, eg watching TV, and playing computer and video games.
- Children are spending less time in outside play.

What can families do?

- Be a good role model.
- Even if it is difficult to have a proper family meal each night, try to plan two or three nights per week where you can all sit down together.
- Involve children in food preparation and shopping to inform them of healthy eating choices.
- In summer, select one night where the family goes for a walk together.
- Try to place some foods eg. vegetables in the middle of the table at mealtimes so children can select foods in the quantities they want.
- Encourage water as a thirst quencher instead of soft drink and other sugar containing drinks.
- Always eat healthy breakfasts to keep the metabolism going and to prevent poor morning snack choices.
- Let member of the family have their say about main meals they really like, and those they don’t, and try to incorporate some of their ideas.
- No food should be banned or called ‘bad’ or ‘unhealthy’. Instead some foods are eaten as ‘every day’ foods and others as ‘sometimes’ foods.
- Discourage eating in front of the TV or computer, as this encourage s ‘non-hungry’ eating.

For information about the 5 steps to a healthy lifestyle see www.healthykids.nsw.gov.au/