**COMMUNITY NEWS**

**Jindera bids for NSW Healthy Town Challenge**

A committee is forming to enter Jindera in this challenge, which is about getting residents healthier and fitter, and creating environments that encourage healthier eating and active living. The Challenge supports individuals to make changes to prevent chronic disease and improve how they feel. If successful, Jindera will compete against other NSW towns to see which town can obtain the most weight loss in the 24 week period. Greater Hume Shire is supporting the project and encourages all individuals to make changes to prevent chronic disease and improve how they feel.

Holiday Kids Club

Don’t leave your kids bored this school holidays! Jindera Presbyterian Churches are running a holiday kids club with games, craft, and stories from the Bible. During the club, kids will learn that nothing is impossible with God through stories about Abraham, Moses, and best of all, Jesus. The club is open to kids from Kindy to Year 6. Every day they will watch a live show, make some craft, play games, and bring home a basket so they can tell you all about what they’ve been learning. The club will run Wednesday 1 October – Friday 3 October from 9am-12:30pm at Albany Presbyterian Church, 402 Wagga Rd, Laverton. For more information, please contact David on 02 6021 1719.

**Summer tennis**

The Jindera Tennis Club is looking for new players, young and old. (Mums and dads) to participate in our summer competition, which begins in early October and runs through until March. The club has six sections within the competition, catering for all levels of skills. The only requirements for our junior players is the ability to serve, score and enjoy social interaction with other children from neighbouring communities. For the mums and dads if it’s a willingness to be involved, fun, enjoy social interaction and a like for baked goods (afternoon tea). If you’re interested please contact Pat Hayes (02) 6026 3122 or Paul Barnett (02) 6026 3882 for further information.

**Fun for the whole family these school holidays!**

KAPUT is the story of a clumsy 11-year-old fox who, despite his best efforts to perform the simplest of tasks, only manages to fuel the catastrophe unfolding around him. Described as ‘physical comedy at its best’ (Entertainment Hire), KAPUT revives the art of silent movie slapstick comedy, exploring the simple and universally engaging charm of one of the oldest forms of humour. Amazing acrobatics...an interactive, funny, and dangerously clever show. Excellent for kids for all ages! (Rip it out)

KAPUT is coming to the Butter Factory 3pm, Saturday 4 October. To book call 6021 7433 or visit www.hothouseentertainment.com.au

**Buntings FREE school holiday activities**

23 September at 12pm - Build a timber train
25 September at 12pm - Make a hairy pot person
26 September — Make a rubber band car and a wooden dragonfly
3 October — Make a lemonade stand and a gingerbread house
10 October — Build an ice cream stand
11 October — Make a shark and a salmon
12 October — Make a pizza and a popsicle stick horse
13 October — Make a ladybird and a ladybird house
14 October — Build a jungle gym and a wooden dinosaur
15 October — Make a creative space and a clay clay pot
16 October — Build a bowling alley
17 October — Make a giant robot
18 October — Make a chocolate sculpture
19 October — Make a paper plate windmill and a ladies’ tea party
20 October — Make a rainbow and a rainbow cake
21 October — Make a snowman and a winter wonderland
22 October — Make a winter bonfire and a winter bonfire cake
23 October — Make a fridge magnet and a fridge magnet craft
24 October — Make a potato stamp and potato stamp craft
25 October — Make a jellyfish and a jellyfish craft
26 October — Make a paper mache boat and a paper mache boat craft
27 October — Make a Halloween bat and a Halloween bat craft
28 October — Make a witch and a witch craft
29 October — Make a ghost and a ghost craft
30 October — Make a scarecrow and a scarecrow craft

**What’s on in Greater Hume Shire…….**

3-4 October — Jindera Pop the Top Festival
10 October — Walbundrie Agricultural Show
19 October — Wollomombi Community Cruise Night
26 October — Burrumuttock Flower Show

**Albury Little Athletics 2014/15 Registration**

It’s not all about winning! Albury Little Athletics is about having fun, making friends and learning about healthy activities.

No about personal development and participation

**NOTE - WE ARE TRYING TO KEEP COSTS TO A MINIMUM**

Get more information on Little Athletics activities and contact details.

www.alburylittleathletics.org.au

Enrich Your Home With A WEP Exchange Student

World Education Program (WEP) is inviting Australian families to experience another culture within their own homes by becoming volunteer host families. Choose a student from Italy, Belgium, France, Switzerland, The Netherlands or South America and get a glimpse into life of another culture without having to leave the comfort of your home! Our exchange students are just like your own children and want to learn about being a member of an Australian family. For more information, contact

Sylvia Ralley, Manager, Intouch Exchange Programs

Phone: 1300 884 733

Email: info@wep.org.au

On-line: www.wep.org.au

**NEWSLETTER**

JINDERA PUBLIC SCHOOL

**Week 10, Term 3 – 18 September, 2014**

Cricket NSW T20 Blast Event

Sixteen students who were involved with Active After-school Communities cricket, during Term 3, were invited to participate in the T20 cricket gala afternoon on Wednesday, 17 September. The students caught the bus into Alexandra Park and enjoyed an afternoon of cricket against other schools, demonstrating and practising their newly acquired skills.

**Years 5/6 Broken Bay/Sydney excursion**

Fifty five students and five staff attended the Years 5/6 major excursion to Broken Bay and Sydney CBD last week. The camps left Albany railway station at 11:00am on Sunday 7 September and returned to Albany at 4:30am on Saturday 13 September. The camp/excursion was a great success. The students were, generally, well behaved and all participated enthusiastically in the activities, many of which asked students to extend themselves and demonstrate perseverance, stamina, tolerance, understanding, empathy, team work, care, initiative, problem solving and responsibility. On several occasions, members of the public and other teachers commented on how well behaved and settled the students were. All students went to sleep when asked and demonstrated core energy and enthusiasm for the activities during the day and at the night show. Excursions such as this one are a fabulous and memorable experience for all students.

**School planning 2015 – 2017**

The school executive is currently consulting with staff, students and community to articulate our school vision and strategic goals for the new 3 year school plan. We believe that we are providing opportunities for students and the community to learn and to support each other in a time of huge educational change and our results are showing that students are achieving beyond the expectations of their cohorts, state wide, as a result of more of the initiatives we have put in place at Jindera Public School.

“We believe that we are providing opportunities for students and the community to learn and to support each other in a time of huge educational change and our results are showing that students are achieving beyond the expectations of their cohorts, state wide, as a result of more of the initiatives we have put in place at Jindera Public School.”

**Dates to remember:**

- Friday 19 September: last day of term
- Monday 6 October: Labour Day Public Holiday
- Tuesday 7 October: Staff and students return to start Term 4
- Friday 18 October: Super Size Cricket Carnival at Culcaim
- Wednesday 15 October: Of uniform day - for donations of t-shirts for stall at the Fete
- Friday 31 October: P&C Association Fete

Handy hint: cut this box out and stick your fridge as you never forget an important date again.
Active After-school Communities Term 4

Unfortunately, this program will cease at the end of the year with details of the new program of funding, hopefully, being released shortly. Students who have been selected to participate in Junior Golf (Tuesdays) or AFL (Wednesdays) during term 4 have received permission notes. These must be returned by the end of term so that planning can be completed. Active After-school activities begin in Week 2 of Term 4, Tuesday 14 October for golf and Wednesday 15 October for AFL.

Lianne Singleton
Principal
18 September 2014

Why is breakfast important?
- children who miss breakfast are often reported as having poor behaviour and poor concentration;
- children who miss breakfast are often unable to meet their daily nutrient requirements;
- children who miss breakfast are more likely to have a greater risk of being overweight or obese;
- eating breakfast helps children learn and establish healthy eating habits early in life.

Spelling Tips and Hints:
Words are made up of syllables. Every syllable contains one vowel sound. Some words only have one syllable, others have many. Always say the word in syllables when writing it:

- e.g. has /pit / al
- e/l /e/ phant

Understanding Maths with K/1C

K/1C has been learning how to be flexible with number by using the book “1 is a Snail Ten is a Crab”. The book helps to build children’s mathematical understanding by using animals to represent a number. The animal is chosen based on the number of feet it has. Children were asked to use the animals to experiment with numbers and what each number is made up of. This flexibility with number helps them to develop their skills in addition, subtraction, division, multiplication and arithmetic strategies. Have a look at some of the experimenting we have been doing in class.

Congratulations to the following students who received Merit Awards at our last assembly

KE - Monique Blackie, James Brooksby
K/1C- Aiden Wright, Violet Holding, Brayden Creek
1/2R - Tahlie Steinke, Thomas Delahunty, Ethan Manwaring, Jade Campbell-Smith, Cody Jennings
2K - Rhianna Summer, Chloe Koch, Jordie Allen
3K/4K - Daniel Carabott, Alistair Brooksbay, Rajah Sutherland
3/4S - Colten Atkins, Dustin Middleton, Cameron Howard, Brett Raymond, Hannah Curphey, Ilona Moss
5/6B - Sharni Howlett, Jeremy Denton, Daisy McLean, Jeremiah Quinn
5/6H - Sophie O’Connor, Zarah Maw, Jemma Harrison

Merit Awards

to Mrs Kylie VanDeventer,
Thanks, Kylie, for everything this year. We are very grateful and thank you for taking your time to come and coach us and watch us play every Thursday and Friday. You were a wonderful role model for us and you taught us a lot of skills, making us more confident on the court. So, thank you, and hopefully you will be the Jindera PS senior netball coach again in 2015.
Jaya Cheetham on behalf of the senior netball team

Thank you!

to Mrs Jaye Pearce
Thank you for being such a great coach for the PSSA junior netball team in 2014. Our junior team had a very good year. As a coach you taught us to defend, get in front and how to shoot properly. We say a very big thanks to Jaye and our school hopes that we have another good season next year.
Emma Reid on behalf of the junior netball team

Jindera Playgroup hosts guest speaker, Karen Black, to talk about Post-Natal Depression

One in seven women experience post-natal depression, a mood disorder occurring in the period from conception and the first 2 years post the birth of the baby. Signs and symptoms include low mood, sadness, feelings of guilt and worthlessness, tearfulness, anxiety, irritability, lack of energy and motivation, lack of interest and pleasure in things that were once pleasurable, isolation, appetite and sleep disturbance and problems with attention and decision making. Treatment for postnatal depression usually involves a combination of cognitive behavioural therapy and medication. People should contact their doctor or child and family health nurse for assistance. PND awareness week begins 17 November 2014. There will be activities in QE2 from 11am 19/11/14 with guest speakers and a sausage sizzle. For further information, contact:

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