**Canteen News**

### Canteen Roster

**Monday each week—Bakery Orders**

<table>
<thead>
<tr>
<th>Date</th>
<th>DS</th>
<th>Ass 1</th>
<th>Ass 2</th>
<th>Ass 3</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday 1st May</strong></td>
<td>DS - Marita Christensen</td>
<td>Ass 1 - Linda Cheetham</td>
<td>Ass 2 - Ros McMillian</td>
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<tr>
<td><strong>Wednesday 6th May</strong></td>
<td>Proposed Special Red</td>
<td>Canteen day Helpers needed</td>
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<tr>
<td><strong>Friday 8th May</strong></td>
<td>DS Monica Kohlhaagen</td>
<td>Ass 1 - Angus Brooksby</td>
<td>Ass 2 - Carmen Clark</td>
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<tr>
<td><strong>Friday 15th May</strong></td>
<td>DS - Jody Martin</td>
<td>Ass 1 - Kristen Brill</td>
<td>Ass 2 - Jenn Quayle</td>
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<tr>
<td><strong>Friday 22nd May</strong></td>
<td>DS - Kristen Brill</td>
<td>Ass 1 - Linda Cheetham</td>
<td>Ass 2 - Sam Blackie</td>
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### Community

#### Jindera Golf Club Charity Day

**Sunday 31 May 2015**

Jindera Golf Club’s Beyond Blue Charity Golf Day will be held from 8.30am Sunday 31 May. Come along and support a great cause and enjoy the day. 9 Shotgun start, entry is $15. Where: Jindera Golf Course

Contact: David 0427 808 395

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#### Buy, Swap & Sell Walla Walla

**Thursday 7 May 2015**

Held at the Walla Walla Hall, there is fresh produce, crafts, cakes & jams all available to buy, swap or sell. The buy, swap & sell runs from 5pm-7pm. Where: Walla Walla Hall

Contact: 02 6029 2218

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#### Attraction of the Month

**The Woolpack Inn Museum, Holbrook**

The Woolpack Inn Museum, along with housing a number of artifacts relating to the history of Holbrook and surrounds, is also the home of the Lagerphone. This lagerphone was made in the 1950’s by Claude Meredith, brother to John Meredith, one of the founding members of the Australian bush band ‘The Bushwackers’. Upon seeing a similar ‘bush instrument’ at the local Holbrook Red Cross amateur hour concert, Claude took a closer look at the instrument, and then went home to make his own version. The one at the concert was made by a local rabbit poisoner from Lankey’s Creek. He didn’t have a name for it. Claude called it the ‘Lagerphone’. This instrument is housed in the ‘Holbrook Room’ at the Woolpack Inn Museum. Contact: 02 6036 3006

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#### Easter Raffle

The P&C coordinated another very successful Easter raffle before the term break. Congratulations to all our winners.

- 1. Dustin Middleton
- 2. Olivia Hounsell
- 3. Mr Clayton

Thanks to everyone for your support of this fun fundraiser. The P&C raised $2380. I’m sure the prizes were very well received. Congratulations to Tyler Jones who sold the highest number of raffle ticket books, with Colten Atkins, a close second.

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#### Attractions of the Month

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#### Jindera Country Markets

**Sunday 10th May 2015**

Offering a little something for everyone the Jindera Country Markets are a great way to spend a lazy Sunday. Browse the stalls and enjoy local crafts, clothing, produce and food stalls.

Where: Jindera Sportsground

Contact: Dee 0439 555 520
Year 6 girls' project
The Year 6 girls are, again, participating in a community building activity to support the Jindera and local community. This activity is now a tradition at Jindera PS and one that the senior girls look forward to. The girls will meet every third Tuesday, with Mrs Godde and Mrs Mills to plan their fundraising. The project also encourages the girls to work together and support each other as they prepare for high school.

This year, the girls have collaboratively decided to support Albury/Wodonga Headspace and the Jindera UPA. Fundraising activities will be conducted throughout the year and include a trash and treasure and hot miler or ice-block day.

Annual School Report (ASR)
The Annual School Report has now been prepared and is available on the school website. The report is a summary of the major activities, financial accounts and academic performance of the school for 2014. Hard copies of the ASR are also available in the office, should they be required.

School Plan 2015 – 2017
The three year school plan is now available on the school website. This document has been widely consulted and will form the basis of school improvement for the next three years. Our strategic directions for the school plan are:
1. Student learning – focusing on writing and working mathematically
2. Wellbeing, culture and values – focusing on social/ emotional, wellbeing of all students; developing a culture of excellence and the broader values of global citizenship
Teacher quality and leadership capacity – focusing on teacher quality; teachers as school leaders and student leadership.

Hard copies are available from the office if required.

NAPLAN
National Assessment in Literacy and Numeracy (NAPLAN) is conducted each year in May for students in Years 3 and 5 (7 and 9) across Australia. It is expected that all students at Jindera Public School will participate in the tests as these tests determine funding levels and staffing allocations for Learning and Support. A note, further explaining the testing, was sent home last week. Parents/carers are encouraged to contact the school if you have any questions or concerns. A report to parents indicating a student’s level of achievement will be sent home in September. Please remember that, most importantly, this is one test on one day and forms part of the total assessment and reporting procedures the school has in place to assess students.

The NAPLAN tests will be conducted from 12 – 14 May 2015.

Tuesday 12 May - Language Conventions (Spelling, Punctuation and Grammar)
- Writing

Wednesday 13 May - Reading

Thursday 14th - Numeracy

Each test takes approximately 40 minutes and is conducted under exam conditions.

Friday sport for Term 2
Another very successful school cross country was held on Friday, 24 April. The weather held and the students had an opportunity to test their long distance running skills. Mr Hill will accompany 40 students to the Southern Riverina carnival at Burrumbuttock recreation reserve on Monday 4 May 2015.

Friday sport for the next two weeks will focus on athletics with the mini carnival being held, at school, on Friday 15 May. The students who perform well at the mini carnival will compete in the finals at the school athletics carnival on Thursday 28 May 2015 at Alexandra Park.

The PSSA winter competition begins later this term. School teams will be finalised in the next few weeks.

Year 5 entry to an Opportunity Class (OC) for 2016
Opportunity classes cater for highly achieving academically gifted students who may otherwise be without classmates at their own academic and social level. These schools help gifted and talented students to learn by grouping them with other gifted and talented students, teaching them in specialised ways and providing educational materials at the appropriate level.

Applications for opportunity class placement are considered mainly on the basis of the Opportunity Class Placement Test results and school assessment scores. The Opportunity Class Placement Test will be held on Wednesday 22 July 2015.

If you would like to have your child considered for Year 5 opportunity class entry in 2016, you need to do so soon. You will need to apply on the internet using a valid email address (not the student’s email address). Detailed instructions on how to apply online will be available from 27 April 2015 in a printed application information booklet and at www.schools.nsw.edu.au/opplacement. The application website opens on 27 April 2015 and closes on 15 May 2015. No late applications will be accepted.

How many serves of fruit and vegetables do children need to eat?
The amount children should eat depends on their age, appetite and activity level. Emphasis should be placed on eating a variety of fruits and vegetables. The recommended daily serves of fruit and vegetables for children and adolescents is shown in the table below:

<table>
<thead>
<tr>
<th>Age of Child (years)</th>
<th>Fruit (serves)</th>
<th>Vegetables (serves)</th>
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</thead>
<tbody>
<tr>
<td>4-7</td>
<td>1-2</td>
<td>2-4</td>
</tr>
<tr>
<td>8-11</td>
<td>1-2</td>
<td>3-5</td>
</tr>
<tr>
<td>12-18</td>
<td>3-4</td>
<td>4-9</td>
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</tbody>
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Source: The Australian Guide to Healthy Eating
To assist families in achieving this goal, all teachers will provide some type of fruit and vegetables for students to purchase each day for 50 cents. Our aim is for ALL students to eat a piece of fresh fruit or vegetable each day. This will begin week 3.

If any family would like to donate fruit or vegetables (you may have an abundance from your garden) it would be greatly appreciated.

Dymocks Book Bonus
Congratulations Thomas and Olivia Wffen for being the first two Jindera Public School students to participate in the Dymocks Books Bonus. By being part of the Premier’s Reading Challenge and by finding sponsors to encourage them to read Thomas and Olivia are not just helping to raise funds for Jindera Public School but they are also raising funds for disadvantaged schools in NSW.

If you would like your child to be part of the Dymocks Book Bonus please read the flyer in this week’s newsletter.
This year our school is participating in Book Bonus, an optional online fundraiser linked to the NSW Premier’s Reading Challenge.

Book Bonus offers an opportunity to encourage our students to read books for the Challenge while raising funds to help resource the school with high quality books.

Our school will receive books to 100% of the value of funds raised by our students and we’ll also be helping schools in need across NSW. 50% of all funds raised will be used to provide books to schools in Dymocks Children’s Charities literacy support programs.

Note also, there are prizes for the students’ participation with each child raising over $200 receiving a book of their choice (valued up to $20) and prizes for the top fundraisers in the state.

How Book Bonus works:
For more information on this fundraiser go to the website www.bookbonus.org.au or contact our PRC co-ordinator, Mrs Turnbull.

There are no paper application forms. If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Unit for assistance after 27 April 2015.

The nearest OC class is Sturt PS in Wagga Wagga. If you would like to apply for consideration, please contact the school if you have any questions regarding the excursion, including student assistance, please contact the school.

P&C events
School canteen available from Friday 1 May
Nitbuster – Thursday, 7 May
Mothers day stall – Friday 8 May

Lianne Singleton
Principal
30 April 2015

JUNIOR TENNIS COACHING
Jindera Courts

Tennis lessons for beginner and intermediate players are happening now at the Jindera Courts on Monday nights at 4.30pm and 5.30pm. We still have a few spaces left.

Great grassroots coaching at an affordable price - $10 per lesson/second child $5.

have some fun, learn the basics or improve your current skills.

Contact Leanne Wheaton 0428263297 lwheaton@bj&coimb.com.au to reserve your spot.

GIRLS WINTER UNIFORM

Please contact Tania as soon as possible
(0410 303 270) if you wish to order winter pinafores ($50) or check pants ($46)
MERIT AWARDS

**KC**  Zoe Barnes, Fletcher Taylor and Beau Smith-Wood

**K/1R**  TBA

**1/2E**  Jed Callanan, Ell Donahue, Lijjana Easey, Michael Lee, Milly Raymond and Jye Van Deventer

**2K**  TBA

**3/4B**  Chloe Koch, Daniel Carabott, Jessica Holmes and Emma Reid

**3/4H**  TBA

**5/6K**  Jasper Wegener, Zander Quayle, Domynic Wayenberg and Jade Campbell-Smith

**5/6S**  Sophie O’Connor, Amy Scammell and Seth Ross

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**Biggest Morning Tea and Grandparent's Day.**

**Thursday 14th May 2015**

Jindera Public School will again be hosting a Biggest Morning Tea to help raise money for the research into cancer. The Biggest Morning Tea will coincide with our celebration of Grandparent’s Day and will involve the following activities.

10.30am Biggest Morning Tea - The classes will organise and run stalls selling a host of delicious baked items. All items will be sold for 50 cents.

11.15am Open Classroom - Grandparents and visitors are invited to join us in the classrooms to participate in a range of activities.

12.15pm - Assembly - All guests are invited to join us in the hall where 1-2K will host the assembly.

1.10pm - All visitors are welcome join us for lunch. Normal classes will run for the afternoon.

To enable our Biggest Morning Tea to operate successfully we are asking that all families donate something to be sold at the stalls. Items may include the following: Cup cakes, muffins, biscuits, slices or pancakes. If you would like to contribute, however, are unable to donate a baked item, please consider donating paper plates, serviettes, or paper bags.

This event is a fabulous way to help promote and assist with the ongoing fight against cancer and a great way for our entire school community to join together to celebrate the very important role that grandparents play in the lives of our students. We really look forward to you joining us.

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**A Quick Bite…**

**Active as a Family**

Busy lives and long work schedules can mean that many families spend time apart throughout the week and exercise on their own.

Here are some ways to connect as a family, revive energy levels and feel fit and healthy:

- a simple walk after dinner,
- join an all ages group like a fun run or cycling group,
- play touch football or cricket in the backyard on weekends,
- go for a bike or bike ride around local walking tracks.

What else can you think of? Why not try one this week?


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**A Quick Bite...**

**It's Only Natural**

There is solid and building evidence that children's contact with nature can affect their physical, emotional and mental health. It can improve their understanding of the environment and boost attention levels in the classroom. Even if you don’t have much space, finding places and opportunities for your children to play in nature will benefit all of you. Ideas include:

- Plants – bushes, shrubs, trees, vegetable patch
- Piles of stuff – leaves, bricks, logs, sand, dirt and rocks to climb over, explore and transport
- Water play – sprinklers, buckets, spray bottles, a hose
- Sand play – a sand pit can become a place of untold imagination for little ones, especially with the addition of water and some simple tools like a bucket and spade.


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**A Quick Bite...**

**Gifts That Get You Moving**

Stuck for ideas on what to buy your child as a present?

Why not choose something that encourages your child to be physically active such as:

- A skipping rope
- A hula hoop
- Balls – soccer, football, basketball, netball
- A kite
- Frisbee
- A climbing frame
- Skateboard (don’t forget the helmet and pads)
- A scooter
- A badminton set

There are lots of options for all sorts of budgets. Perhaps include a gift each birthday that gets them moving for years to come.


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**A Quick Bite...**

**Use of Small Screens for Fun**

Did you know that Australia has recommendations on how much time children should be using small screen technology for recreation?

These recommendations state:

- Children between 5 – 12 years should limit use of electronic media for entertainment to no more than two hours a day.

Some activities, like reading and school work, may need to be done while sitting. The key is to find a healthy balance and limit time spent in front of a screen for fun.

How can you encourage your child to be active, connect, explore and create?